

Curriculum Vita

Dua' Yousef Muhammad Al-Maharma, RN, MSN

Name Dua' Yousef Muhammad Al-Maharma.

Place & Date of Birth: June 22th, 1986, Amman- Jordan.

Nationality: Jordanian.

Marital Status: Married

Qualifications: Masters Degree in Nursing\ Maternal and Newborn Nursing

Contact information:

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Education:

Masters Maternal and Newborn Nursing, Jordan University of Science and Technology. 1st Class Honors (GPA 92.4 out of 100).

B.Sc. Nursing Degree, February 2008, Jordan University. First Class Honors (GPA 4 out of 4)

High School Certificate (89.6%), August 2004, Al-Baqa'a Secondary School for Girls.

Continuing Education, Courses, and Workshops:

September 2006, **ECG**, The University of Jordan- Deanship of Student Affairs/ Club of Awareness and Health Care, 20 hours

February 2007, **Basic Life Support**, The University of Jordan- Deanship of Student Affairs/ Club of Awareness and Health Care, 10 hours

June 2007, **Advanced Life Support**, The University of Jordan- Deanship of Student Affairs/ Club of Awareness and Health Care, 20 hours

July 2008, **Neonatal Resuscitation Program (NRP) Provider**, The University of Jordan- Center of Education Development in collaboration with Department of Pediatrics, under supervision of Dr. Julia Abu Asbeh, a regional trainer of NRP program

August 2008, **Peripherally Inserted Central Lines**, The University of Jordan- Center of Education Development in collaboration with Department of Pediatrics

June 2009, **Pedagogical Methods in Nursing Preceptorship**, The University of Jordan in collaboration with University of Gothenburg- Sweden

January 2009, **Quality of Clinical Training for Nursing Students**, The University of Jordan, Faculty of Nursing

January 2009, **New Advances in Wound Management**, The University of Jordan-Faculty of Nursing, 5 hours

2009, **Cardiopulmonary Resuscitation**, The University of Jordan- Faculty of Nursing, 4 hours.

February 2009, **Quantitative and Qualitative Research**, The University of Jordan, Faculty of Nursing

January 2010, **Item Test Writing and Clinical Teaching and Evaluation Workshop**, The University of Jordan, Faculty of Nursing in collaboration with Jordanian Nursing Council

April 2010, **Distance Learning Course on Partograph**, Department of Making Pregnancy Safer (MPS), World Health Organization, Global Development Learning Network (GDLN) Center- "Atheer"- University of Jordan, Kitasato University Center For Nursing Career Development and Research, and World Bank Tokyo Development Learning Center (WBTDLC)

May 2010, **National Institute of Health (NIH) Web-based training course "protecting Human research participants,"** The National Institute of Health

July 2011, **Statistical Analysis Using SPSS** (Statistical Package for the Social Sciences) **Program**, The University of Jordan- Center of Consultation, 30 hours

January 2012, **Staff Development Workshops**, The University of Jordan- Center of Educational Development, 50 hours in the following subjects:

- Designing Study Plans (6 hours)
- Teaching Design and its Strategies (12 hours)
- Effective University Teaching Skills (12 hours)
- Exams Preparation and Learner's Assessment (12 hours)
- Laws, Bylaws and Regulations of the University of Jordan (6 hours)
- Academic Ethics (2 hours)

June 2012, **Enhancing Quality of Nursing Care**, The University of Jordan, nursing school.

July 2012, **Writing Research Papers for International Publication in**

the Health Field, Center for Educational Development, The University of Jordan, (12 hours).

January 2013, **E-Learning Contents Design and Development**, The University of Jordan- Center of Educational Development, 15 hours.

February 2014, **Advanced Statistical Analysis Using SPSS**, The University of Jordan, Accreditation and Quality Assurance Center, 21 hours

September 2017, **Basics in Interactive Learning**, The University of Jordan- School of Nursing.

March 2018, **Development of Teaching Program for Postgraduate Studies**, The University of Jordan, Accreditation and Quality Assurance Center.

March 2018, **Review of clinical training methods for Master Students**, The University of Jordan, Accreditation and Quality Assurance Center.

May 2018, **Use of Modern Technology in Learning Time after Moodle and online**, The University of Jordan, Accreditation and Quality Assurance Center.

July 2018, Breastfeeding promotion and support in a baby- Friendly Hospital, Health Care Accreditation Council (HCAC) and UNICEF, 20 hours.

March 2019, Lippincott Training Session, school of Nursing, The University of Jordan. Amman, Jordan.

November 2019, Lamaze breastfeeding counselor certificate program, Lamaze International

November 2022, BLS provider (AHA)

December 2022, How to be a simulation educator: Hands on practice, 20 hours.

Professional Experience:

16th March 2008 – 9th December 2008: Staff Nurse in Neonatal Intensive Care Unit at Jordan University Hospital.

1st January 2009 – 23th August 2011: Teaching Assistance in Faculty of Nursing, University of Jordan in the following courses:

- Adult Health Nursing 1 (Clinical)
- Children and Adolescent Health Nursing (Clinical)
- Health Assessment and Physical Examination

23th August 2011 to July 2017: Lecturer in Faculty of Nursing, University of Jordan in the following courses:

- Maternal Health Nursing (Clinical)
- Reproductive health (clinical)

- Health Assessment and Physical Examination

3rd July 2017 to present: Teacher in School of Nursing, The University of Jordan in the following courses:

- Maternal Health Nursing (Clinical)
- Fundamental of nursing (Clinical)
- Health Assessment and Physical Examination (Theory and clinical)
- Professional writing

Honors and Awards:

2004/2005: Certificate for Academic Excellence from The University of Jordan, 1st student in 2nd year level

2005/2006: Certificate for Academic Excellence from The University of Jordan, 1st student in 3rd year level

2007/2008: Certificate for Academic Excellence from The University of Jordan, 1st student in nursing specialty

2007/2008: The Badge for Academic Excellence from The University of Jordan, 1st student in nursing specialty

2007/ 2008: Dr.Jihad Al-Halabi award of scientific excellence in Nursing

2007/2008: The Badge and Certificate for Excellence in Nursing from the Jordanian Nurses Council (JNC); under the patronage of Princess Muna Al-Hussein, the chief of JNC, Amman, Jordan

2008: 3rd on the Kingdom in the Competency Exam with 99 percentile score

2011: 1st Class Honors in Masters

2004-2008 Fully Funded Scholarship during undergraduate study, Higher Education Ministry, Amman, Jordan.

2009-2011 Fully funded Scholarship during Master study at Jordan University of science and technology from the University of Jordan, Amman, Jordan.

Research interest:

- Maternal and Newborn Health Nursing
- Perinatal loss and Grief
- High risk pregnant woman
- Breastfeeding

Community Services:

November 2009: First aid training course for students in Modern Systems School

August 2011: Lectures about EndNote Program for postgraduate students in The University of Jordan- faculty of Nursing

February 2012: "White Hands Project" in Al-Sbahi Secondary Comprehensive School for Girls which include the following services:

- Health-related lectures including (Dental care, Healthy Nutrition, Adult and Children Basic life support for students and teachers, Breast self examination for students' mothers, and lectures about nursing profession)
- Establishment of school health clinic that provide health services and physical examination for students and teacher

2012: lecture about the importance of healthy nutrition and breakfast for students in Al-Baq'a Secondary School for boys.

September 2012, training day for Department of Maternal and Child Health Nursing staff about NOELLE Maternal and Neonatal Child Birthing Simulator

June 2012: Free medical day under El-Hassan Youth Award (El-Hassan's Sabelah) in Kuraymah- Aghwar Shamaliyah District.

- Health education about breast cancer and breast self-exam
- Providing breast models for girls and women to demonstrate breast self-exam
- Performing free breast clinical exam for girls and women

2014: "White Hands Project" in Wadi Aseer Secondary Comprehensive School for Girls which include the following services:

- Health-related lectures including (Dental care, Healthy Nutrition, Adult and Children Basic life support for students and teachers, Breast self examination for students' mothers, and lectures about nursing profession)
- Establishment of school health clinic that provide health services and physical examination for students and teacher

2014: Clinical day about breast self exam for university students at The University of Jordan

- Health education about breast cancer and breast self exam
- Providing breast models for students to demonstrate breast self exam
- Performing breast clinical exam for university students at students' university clinic

2014: seminar for university students about how we can prevent violence against women

2015: Clinical day about breast cancer and breast self -exam for Girls and women in Charitable Society for orphans and poor in Al-Baqaa camp

- Health education about breast cancer and breast self-exam
- Providing breast models for girls and women to demonstrate breast self-exam
- Performing free breast clinical exam for girls and women

January 2016: clinical day about breast cancer and breast self -exam for Girls and women in Al-Jizah (Zezya) district, Amman Jordan.

- Health education about breast cancer and breast self-exam
- Providing breast models for girls and women to demonstrate breast self-exam
- Performing free breast clinical exam for girls and women

March 2018, Lecture about Endnote Program for PhD students in school of nursing – the University of Jordan

August 2018, Breastfeeding day in Jordan university hospital- Breastfeeding counseling for mother in childbirth settings.

January 2022, Lecture about Endnote Program for postgraduate students in school of nursing – the University of Jordan

February 2022, Lippincott Training Session for part-timer clinical instructors in school of nursing – the University of Jordan

Publications:

	Aricle Title	Journal Rank
1.	Badran, E. F., Safadi, R., Al Qutob, R., Al-Maharma, D. , Qutaishat, A. A., Masarweh, D. F., Bani-Hamad, Y. A., Khamees, A. B., Shabsough, A. R., & Khamees, B. (2022). What support is needed prior to the designation as baby-friendly hospital? <i>Clinical Epidemiology and Global Health</i> , 17, 101045. https://doi.org/https://doi.org/10.1016/j.cegh.2022.101045	
2.	Albusoul, R. M., Hasanien, A. A., Abdalrahim, M. S., Zeilani, R. S., & Al-Maharma, D. Y. (2022). The effect of spiritual well-being on symptom experience in patients with cancer. <i>Supportive Care in Cancer</i> , 30(8), 6767-6774. https://doi.org/10.1007/s00520-022-07104-4	
3.	Abu Sabbah, E. A., Eqylan, S. B., Al-Maharma, D. Y. , Thekrallah, F., & Safadi, R. R. (2022). Fears and uncertainties of expectant mothers during the COVID-19 pandemic: trying to reclaim control. <i>Int J Qual Stud Health Well-being</i> , 17(1), 2018773. https://doi.org/10.1080/17482631.2021.2018773	Q1 79%, ISI
4.	Al-Maharma, D. Y. , Safadi, R. R., Durham, R., Halasa, S. N., & Nassar, O. S. (2021). Mothers' and Midwives' and Nurses' Perception of Caring Behaviors During Childbirth: A Comparative Study. <i>SAGE Open</i> , 11(2), 21582440211024555. https://doi.org/10.1177/21582440211024555	Q1 94%, ISI
5.	Al-Maharma, D. Y. , Khalaf, I. A., Abu-Moghli, F., & Alhamory, S. (2020). "Save My Baby": The Lived Experience of Hospitalized Pregnant Women With a Threat of Preterm birth. <i>The Qualitative Report</i> , 25(4), 1042-1059. https://doi.org/10.46743/2160-3715/2020.4325	Q1 86%

6.	Nabolsi, M., Safadi, R., Sun, C., Ahmad, M., Al-Maharma, D. a., Halasa, S., Saleh, M., & Dohrn, J. (2020). The health-related quality of life of Syrian refugee women in their reproductive age. <i>PeerJ</i> , 8, e9990-e9990. https://doi.org/10.7717/peerj.9990	Q1 %83, ISI
7.	Al-Maharma, D. , Safadi, R., Ahmad, M., Halasa, S., Nabolsi, M., & Dohrn, J. (2019). Knowledge, Attitudes And Practices Of Syrian Refugee Mothers Towards Sexually Transmitted Infections. <i>International journal of women's health</i> , 11, 607-615. https://doi.org/10.2147/IJWH.S221605	Q1 94%
8.	Khalaf, I. A., Abu-Moghli, F. A., LaRocco, S. A., & Al-Maharma, D. Y. (2018). Jordanian nurses' perception and interventions related to promoting smoking cessation. <i>J Clin Nurs</i> , 27(17-18), 3397-3407. https://doi.org/10.1111/jocn.13929	ISI, Q1 91%
9.	Al-Maharma, D. Y. , Abujaradeh, H., Mahmoud, K. F., & Jarrad, R. A. (2016). MATERNAL GRIEVING AND THE PERCEPTION OF AND ATTACHMENT TO CHILDREN BORN SUBSEQUENT TO A PERINATAL LOSS. <i>Infant Ment Health J</i> , 37(4), 411-423. https://doi.org/10.1002/imhj.21570	ISI, Q2 66%

Research Project in process:

- Effect of COVID-19 pandemic on mothers during early postpartum period

IT Proficiency: SPSS, EndNote- reference manager

Language proficiency:

- Arabic: Native in reading, writing, listening, and conversation skills
- English: V. good in reading, listening, conversation and writing skills.

References

References will be furnished upon request